

VEGAN SPECIALS



starters

kale soy soup and lime 12€

healthy asian-spiced soup

allergens: celery, gluten, sesame, soy | meal type: hot

homemade lentil soup 12€

nutritious and packed with protein

allergens: celery | meal type: hot

vegetable quiche 16€

with tofu

allergens: gluten, soy | meal type: hot or cold

tofu steak 16€

grilled tofu with grilled vegetables

allergens: gluten, soy | meal type: hot or cold

quinoa salad 23€

light salad with vegetables

allergens: none | meal type: cold

main courses

lentil stew 24€

with zucchini

allergens: celery | meal type: hot or cold

quinoa 24€

with black beans

allergens: sesame, sulfites | meal type: hot or cold

tofu burger with avocado 26€

soft and tender on the inside, lightly-crispy on the outside

allergens: gluten, sesame, soy | meal type: hot or cold

stuffed bell peppers 26€

with rice and small vegetables

allergens: celery, peanuts, sulfites | meal type: hot or cold

rice pilaf 24€

with spinach and mushrooms

allergens: celery, sulfites | meal type: hot or cold

split pea curry 26€

with coconut milk

allergens: celery, mustard, sulfites | meal type: hot or cold

spelt wheat 24€

with dry tomatoes and rosemary

allergens: celery, gluten, sesame, sulfites | meal type: hot



VEGAN SPECIALS



or cold

desserts

pineapple 16€

topped with basil

allergens: none | meal type: cold

pear 18€

topped with ginger syrup

allergens: none | meal type: cold

orange salad 22€

with licorice

allergens: none | meal type: cold

mango soup 22€

topped with fresh mint

allergens: none | meal type: cold



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To Order:

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*We cannot guarantee that any of our products are free from allergens (including dairy, eggs, soy, tree nuts, wheat and others) as we use shared equipment to store, prepare and serve them. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. *All non-halal meat products are procured from suppliers in France. All halal meat products are procured from suppliers in the United Kingdom. All pricing excludes VAT.

www.airculinaireworldwideparis.com

